

🍴 *Coy's Kitchen For Seniors - delicious food delivered daily!* 🍴

Email: justcoy247@gmail.com Website: www.coyskitchen.com

Facebook: @coycaterswithcare Phone: 817-301-9912

Menu Deadline Friday, March 15th at 5:00 pm (e-mail/leave voice message/text orders)

Name: _____ Apt #: _____

Community or Address : _____

Email: _____ Phone #: _____

Check #: _____ (make check payable to **Coy's Kitchen & Catering**)

Call to have credit card on file - Current Customers: Last 4 Digits CC _____

Day	COY'S DAILY SPECIALS March 18th - March 22nd, 2024	Qty.
Monday, March 18th - CLOSED	*****Closed*****	N/A
Tuesday, March 19th - \$12.00 *want both entrees - add \$4.00 *want a dinner salad instead of sides - CIRCLE	Ham & Cheese Sliders (2) OR (CIRCLE) Baby Back Rib Sliders - Boneless (2) All Sides Include: Macaroni Salad and Baked Beans	
Wednesday, March 20th - \$12.00 *want both entrees add \$4.00 *want a dinner salad instead of sides - CIRCLE	Country Ham OR (CIRCLE) Grilled Chicken Breast All Sides: Broccoli Rice Casserole, Peas & Carrots - Dinner Roll	
Thursday, March 21st - CLOSED	***** CATERING *****	N/A
Friday, March 22nd - \$12.00 *want both entrees add \$4.00	Fish Tacos (2) OR Grilled Chicken Fajita Tacos All Sides: Flour Tortillas, Borracho Beans and Elote (Mexican Street Corn)	

TIP: _____

TOTAL: _____

Coy's Breakfast for Lunch		Mon	Tues	Wed	Thur	Fri
\$6.50	Breakfast Casserole (Sausage, Bacon, Egg, Cheese) *Comes with a side of fruit	N/A			N/A	
\$6.00	Strawberries & Fruit Granola Yogurt Parfait	N/A			N/A	

	Coy's A La Carte	Mon	Tues	Wed	Thur	Fri
\$6.00	Chef Salad with Iceberg Lettuce, Cheddar Cheese, Diced Ham, Sliced Pickles and a side of Ranch	N/A			N/A	
\$6.00	Fresh Fruit - Pineapple, Grapes, Strawberries and Blueberries (and other seasonal fruit)	N/A			N/A	
\$5.00	Baked Potato w/Cheese & Butter OR Sweet Potato w/Cinnamon Butter Circle Choice	N/A			N/A	
\$6.50	Veggie Variety: Raw Veggies - Carrots, Cucumbers, Cauliflower, Broccoli and Cherry Tomatoes with a side of Spinach Artichoke Dip	N/A			N/A	
\$12.00	Meatloaf Sandwich (Not Assembled) on Sourdough Bread with a side of Fruit and Bag of Chips	N/A			N/A	
\$12.00	Chicken Salad on Fresh Baked Croissant (Not Assembled) with a side of Fruit and Bag of Chips	N/A			N/A	

	Coy's Bakery	Mon	Tue	Wed	Thu	Fri
\$5.00	White Chocolate and Cranberry Scones (4)	N/A			N/A	
\$5.00	Slice of Key Lime Pie	N/A			N/A	
\$5.00	Banana Pudding with Fresh Whipped Cream	N/A			N/A	
\$5.00	Peach Cobbler with Fresh Whipped Cream	N/A			N/A	

	WE COUNTED - COY'S HEALTHY MAP MEALS: 300-600 Calories, 5 oz Lean Protein, 4 oz Carbs, 4-6 oz Veggies, 5-25g - Good Fats (Nutrition Provided on Each Meal)	Mon	Tues	Wed	Thur	Fri
\$12.00	Hibachi Steak and Chicken Combo w/ Broccoli, Fried Rice, Carrots and Peas	N/A			N/A	
\$12.00	Garlic Parmesan Chicken - Roasted Chicken Breast, Mashed Potatoes, Broccoli	N/A			N/A	
\$12.00	Buffalo Chicken Mac & Cheese - Low Fat Cheese and Lean Chicken Breast	N/A			N/A	
\$12.00	Tilapia with a Garlic and Herb Sauce atop of bed of Spinach	N/A			N/A	